

CHILDREN'S CLASS TIMETABLE - FROM AUGUST 2026

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			WEEKENDS		
TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR
CRÈCHE			CRÈCHE			CRÈCHE			CRÈCHE			CRÈCHE					
10:00-12:00	Crèche* ^{PB}	Amanda	10:00-12:00	Crèche* ^{PB}	Amanda	10:00-12:00	Crèche* ^{PB}	Amanda	10:00-12:00	Crèche* ^{PB}	Amanda	10:00-12:00	Crèche* ^{PB}	Amanda			
DANCE STUDIO			DANCE STUDIO			DANCE STUDIO			DANCE STUDIO			DANCE STUDIO			DANCE STUDIO - SUNDAY		
															12:30-13:30	Dance Class	Bethany
BADMINTON HALL			BADMINTON HALL			BADMINTON HALL			BADMINTON HALL			BADMINTON HALL					
SWIMMING POOL			SWIMMING POOL			SWIMMING POOL			SWIMMING POOL			SWIMMING POOL			SWIMMING POOL - SATURDAY		
10:00-12:00	Tiny Swimming *	Tiny Swimming	09:30-10:00	Pre-School Swim 3 mths-5 yrs**	Lets Swim	10:00-10:30	Pre-School Swim 3 mths-5 yrs**	Lets Swim	09:30-10:00	Pre-School Swim 3 mths-5 yrs**	Lets Swim	10:00-12:00	Tiny Swimming *	Tiny Swimming	09:00-09:30	Pre-School Swim 3 mths-5 yrs**	Lets Swim
			16:00-18:30	Swimming Lessons * ** ^{PB}	Shrewsbury	16:00-18:30	Swimming Lessons * ** ^{PB}	Shrewsbury	16:00-18:30	Swimming Lessons * ** ^{PB}	Shrewsbury				09:30-12:00	Swimming Lessons * ** ^{PB}	Shrewsbury
SMALL GYM			SMALL GYM			SMALL GYM			SMALL GYM			SMALL GYM					
17:00-18:00	Fitzone 10-15 yrs ^{PB}	Gym Team	17:00-18:00	Fitzone 10-15 yrs ^{PB}	Gym Team				17:00-18:00	Fitzone 10-15 yrs ^{PB}	Gym Team				SWIMMING POOL - SUNDAY		
SQUASH COURTS			SQUASH COURTS			SQUASH COURTS			SQUASH COURTS			SQUASH COURTS			11:00-12:00 AquaFun Kids Team		
									16:30-17:30	Junior Coaching each week	Dan A						
FIELD			FIELD			FIELD			HEALTH & FITNESS FOR EVERYONE Please ensure your child has had an induction in the Small Gym. Supervised gym session for 10-15 yrs. Please note some swimming lessons carry an additional cost, these are marked with *. * Additional Cost ** Term Time Only ‡ Off-Premises ^{PB} Pre-bookable ∞ Seasonal please ask at desk Castle COUNTRY CLUB								
TENNIS COURTS			TENNIS COURTS			TENNIS COURTS											
16:00-17:00	Football 5-9 yrs ^{PB}	Kids Team	16:00-17:00	Tennis 5-7 yrs ** ^{PB}	Dylan	16:00-17:00	Tennis 5-7 yrs ** ^{PB}	Dylan									
17:00-18:00	Football 10-15 yrs ^{PB}	Kids Team	17:00-18:00	Tennis 8-11 yrs ** ^{PB}	Dylan	17:00-18:00	Tennis 8-11 yrs ** ^{PB}	Dylan									
			18:00-19:00	Tennis 12-17 yrs ** ^{PB}	Dylan	18:00-19:00	Tennis 12-17 yrs ** ^{PB}	Dylan									