


# CHILDREN'S CLASS TIMETABLE - FROM SEPTEMBER 2025

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			WEEKENDS		
TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR
CRÈCHE			CRÈCHE			CRÈCHE			CRÈCHE			CRÈCHE					
10:00-12:00	Crèche* <sup>PB</sup>	Amanda	10:00-12:00	Crèche* <sup>PB</sup>	Amanda	10:00-12:00	Crèche* <sup>PB</sup>	Amanda	10:00-12:00	Crèche* <sup>PB</sup>	Amanda	10:00-12:00	Crèche* <sup>PB</sup>	Amanda			
DANCE STUDIO			DANCE STUDIO			DANCE STUDIO			DANCE STUDIO			DANCE STUDIO			DANCE STUDIO - SUNDAY		
															12:30-13:30	Dance Class	Bethany
BADMINTON HALL			BADMINTON HALL			BADMINTON HALL			BADMINTON HALL			BADMINTON HALL					
						17:00-18:00	Arts & Crafts	Kids Team	17:00-18:00	Fitkids	Kids Team	17:00-18:00	Fitkids	Kids Team			
SWIMMING POOL			SWIMMING POOL			SWIMMING POOL			SWIMMING POOL			SWIMMING POOL			SWIMMING POOL - SATURDAY		
10:00-12:00	Tiny Swimming *	Tiny Swimming	09:30-10:00	Pre-School Swim 3 mths-5 yrs**	Lets Swim Shrewsbury	10:00-10:30	Pre-School Swim 3 mths-5 yrs**	Lets Swim Shrewsbury	09:30-10:00	Pre-School Swim 3 mths-5 yrs**	Lets Swim Shrewsbury	10:00-12:00	Tiny Swimming *	Tiny Swimming	09:00-09:30	Pre-School Swim 3 mths-5 yrs**	Lets Swim Shrewsbury
			16:00-18:30	Swimming Lessons * ** <sup>PB</sup>		16:00-18:30	Swimming Lessons * ** <sup>PB</sup>		16:00-18:30	Swimming Lessons * ** <sup>PB</sup>					09:30-12:00	Swimming Lessons * ** <sup>PB</sup>	
SMALL GYM			SMALL GYM			SMALL GYM			SMALL GYM			SMALL GYM			SWIMMING POOL - SUNDAY		
17:00-18:00	Fitzone 10-15 yrs <sup>PB</sup>	Gym Team	17:00-18:00	Fitzone 10-15 yrs <sup>PB</sup>	Gym Team				17:00-18:00	Fitzone 10-15 yrs <sup>PB</sup>	Gym Team						
SQUASH COURTS			SQUASH COURTS			SQUASH COURTS			SQUASH COURTS			SQUASH COURTS			11:00-12:00 AquaFun Kids Team		
18:00-19:00	Junior Squash Coaching <sup>PB</sup>	Dan A	17:00-18:00	Fitkids	Kids Team												
FIELD			FIELD			FIELD			<div><h2>HEALTH &amp; FITNESS FOR EVERYONE</h2><p>Please ensure your child has had an induction in the Small Gym. Supervised gym session for 10-15 yrs.</p><p>Please note some swimming lessons carry an additional cost, these are marked with *.</p><p>* Additional Cost    ** Term Time Only    ‡ Off-Premises    <sup>PB</sup> Pre-bookable    ∞ Seasonal please ask at desk</p></div> <div></div>								
16:00-17:00	Football 5-9 yrs <sup>PB</sup>	Kids Team															
17:00-18:00	Football 10-15 yrs <sup>PB</sup>	Kids Team															
TENNIS COURTS			TENNIS COURTS			TENNIS COURTS											
			16:00-17:00	Tennis 5-7 yrs ** <sup>PB</sup>	Dylan	16:00-17:00	Tennis 5-7 yrs ** <sup>PB</sup>	Dylan									
			17:00-18:00	Tennis 8-11 yrs ** <sup>PB</sup>	Dylan	17:00-18:00	Tennis 8-11 yrs ** <sup>PB</sup>	Dylan									
			18:00-19:00	Tennis 12-17 yrs ** <sup>PB</sup>	Dylan	18:00-19:00	Tennis 12-17 yrs ** <sup>PB</sup>	Dylan									

